RIVER OF LIFE COLON HYDROTHERAPY AND NUTRITIONAL CENTER, L.L.C. 2442 25TH AVE. FOREST GROVE, OREGON 97116 1-503-430-7868



NAME:			PHONE:(H)
ADDRESS:			(B)
CITY:	STATE:	ZIP:	EMAIL:

HEIGHT: _____ WEIGHT: _____ SEX: M F AGE_____ RIGHT OR LEFT HANDED? _____ BIRTHDATE: _____ RIVER OF LIFE WANTS TO CELEBRATE YOU!! 10% OFF DURING THE WEEK OF YOUR BIRTHDAY!!

OCCUPATION:

EMERGENCY CONTACT AND PHONE:

REASON FOR THE VISIT:ALL KNOWN ALLERGIES:	
---	--

HOW MUCH WATER DO YOU DRINK PER DAY? PLEASE, BE ACCURATE!_____

HOW OFTEN DO YOU HAVE A BM?	DID YOU HAVE ONE TODAY?	Υ	Ν
DO YOU HAVE TO STRAIN? Y N DO YO	OU HAVE TO USE LAXATIVES? Y N USE ENEMAS?	Υ	Ν
DO YOU USE SUPPOSITORIES? Y N	HAVE YOU EVER HAD A BARIUM ENEMA?	Υ	Ν
ANY RECTAL SURGERY? Y N	HAVE YOU EVER HAD A COLONIC BEFORE?	Υ	Ν
IF YES, WHEN WAS YOUR LAST SESSIO	N? ANY OTHER RECTAL PROBLEMS?	Υ	Ν
IF YES, PLEASE EXPLAIN:	ANY HEMORRHOIDS?	Υ	Ν

ARE YOU UNDER A DOCTOR'S CARE? Y N PLEASE, EXPLAIN:

DOCTOR'S NAME:_____PHONE:_____PHONE:_____ HAVE YOU EVER HAD A COLONOSCOPY? Y N IF SO, WHEN?_____

PLEASE LIST ALL SUPPLEMENTS, OVER-THE-COUNTER MEDS, AND PRESCRIPTION DRUGS YOU TAKE REGULARLY:

DO YOU SMOKE? Y N

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DO YOU HAVE ANY INFECTIONS IN YOUR BODY AT THE PRESENT? Y N WHERE?______ HAVE YOU EVER USED ANTIBIOTICS? Y N WHEN AND WHAT FOR?______

COVID: HAVE YOU HAD COVID? Y N DO YOU KNOW OF ANYONE, RIGHT NOW, WHO HAS COVID? Y N HAVE YOU HAD ANY COVID IMMUNIZATIONS?_____

LIST ANY SURGERIES YOU HAVE HAD IN THE LAST SIX MONTHS:______ ANY COLON SURGERY AT ALL? Y N WHEN?_____

EATING HABITS

WHAT FOODS DO YOU CRAVE? (SUGAR, SALT, PROTEIN, CARBOHYDRATES, ETC.) :_____

HOW MANY MEALS DO YOU EAT A DAY?____DO YOU EAT BREAKFAST? Y N SNACKS? Y N DO YOU HAVE A REACTION IF MEALS ARE DELAYED? Y N WHAT IS IT?_____

PLEASE INDICATE THE <u>NUMBER OF SERVINGS</u> OF EACH OF THESE FOODS/LIQUID GROUPS YOU HAVE CONSUMED IN THE LAST 24 HOURS AND PUT A CIRCLE AROUND EACH FOOD/ LIQUID GROUP <u>YOU HAVE CONSUMED IN THE LAST YEAR:</u>

FLOUR	DAIRY PRODUCTS	WATER
SUGAR	ALL CHEESE	MILK
PASTA	BREAD	COFFEE
RICE	WHOLE GRAINS	CAFFEINATED TEA
POTATOES	FRUIT	HERB TEA
BEANS	TOMATOES	CARBONATED BEVERAGES
RED MEAT	ORANGES/TANGERINES	SPORTS DRINKS
CHICKEN	RAW GREENS	ALCOHOL
TURKEY	COOKED GREENS	FATS AND OILS
FISH	ORANGE/YELLOW VEGETABL	ES CHOCOLATE
TOFU	PROCESSED/PACKAGED FOO	DDSALL CANDY

HEALTH CONCERNS

HAVE YOU HAD ANY OF THE FOLLOWING CONDITIONS IN THE PAST? YOR N PUT A CIRCLE AROUND EACH ONE THAT IS ACTIVE <u>NOW</u> IN YOUR BODY.

Υ	Ν	YN	YN
	ABDOMINAL HERNIA	CARDIAC DISEASE, SEVERE	🗆 🗆 HEART ATTACK,
		CIRRHOSIS OF THE LIVER	RECENT
	ACUTE ABDOMINAL PAIN		□ □ HEMORRHOIDS,
	□ AIDS/HIV/HEP-C	□ □ ACUTE COLITIS, ULCERATED	BLEEDING
		CONGESTIVE HEART FAILURE	□ □ INSOMNIA/DIZZY/
	□ ALLERGIES, DRUG REACTION	COLON, LAZY/SPASTIC OR	SLEEP PROBLEMS
	🗆 ANEMIA, SEVERE	IRRITABLE BOWEL (IBS)	
		CONSTIPATION/DIARRHEA	

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YN	YN	YN
ANOREXIA/BULIMIA	CROHN'S DISEASE	
BACK PROBLEMS/PAIN		PAIN & STIFFNESS
	DIVERTICULOSIS, SEVERE	
		DEBILITATION
HIGH/LOW BLOOD PRESSURE,	EDEMA/SWELLING	
UNCONTROLLED		
	I 🗆 🗆 FISSURES/FISTULAS	ULCER, STOMACH
	G.I. BLEEDING	
TREATMENT	HEARTBURN/ACID REFLUX	OF YEAST

BECAUSE I AM AWARE OF ANY EXISTING PHYSICAL CONDITIONS THAT I MAY HAVE, I HAVE HONESTLY ANSWERED ALL OF THE QUESTIONS ON PAGE 2, UNDER <u>HEALTH CONCERNS</u> AND AM NOT INTENTIONALLY WITHHOLDING INFORMATION ABOUT MY HEALTH. I WILL INFORM THE RIVER OF LIFE OF ANY CHANGES IN MY PHYSICAL HEALTH. I AM AGREEING TO THE OFFICE POLICIES AND PROCEDURES OF <u>THE RIVER OF LIFE COLON HYDROTHERAPY AND</u> <u>NUTRITIONAL CENTER, L.L.C.</u>

> DATE:____ CLIENT SIGNATURE:

COLON HYDROTHERAPY IS PART OF A HEALTHY LIFESTYLE. THE PURPOSE OF <u>THE RIVER</u> <u>OF LIFE COLON HYDROTHERAPY AND NUTRITIONAL CENTER, L.L.C.</u> IS TO PROVIDE SERVICES, PRODUCTS, AND OFFER INFORMATION TO CLIENTS. MY SERVICE, PRODUCTS, AND INFOR-MATION ARE FOR VOCATIONAL AND ADVOCATIONAL SELF-IMPROVEMENT. THIS BUSINESS DOES NOT INTEND TO TREAT, DIAGNOSE, PRESCRIBE OR CURE. ALL PROCEDURES AND PRODUCTS ARE DIRECTED TOWARDS THE ESTABLISHMENT OF THIS GOAL AND MAY OFFER SERVICES AND NUTRITIONAL INFORMATION TO HELP YOU COOPERATE WITH YOUR DOCTOR IN YOUR MUTUAL PLAN OF HEALTH BUILDING. IN THE EVENT YOU USE THIS INFORMATION WITHOUT YOUR DOCTOR'S APPROVAL, YOU ARE PRESCRIBING FOR YOURSELF WHICH IS YOUR CONSTITUTIONAL RIGHT.

DATE:	
CLIENT SIGNATURE:	

I HAVE BEEN INFORMED AND AGREE TO SELF-INSERTION AND SELF-RETRACTION OF THE SPECULUM.

DATE:	
CLIENT SIGNATURE:	

ALL DISCOUNTS, EQUIPMENT, PRODUCTS, SERVICES, AND SUPPLEMENTS ARE NON-REFUNDABLE. I TAKE FULL RESPONSIBILITY FOR ANY PRODUCTS I PURCHASE

DATE:___

CLIENT SIGNATURE:

IF YOU ARE A <u>FEDERAL, STATE, OR LOCAL AGENT</u> UPON ENTERING THESE PREMISES YOU MUST DECLARE SAME OR UNDER THE BIVENS ACT. ARTICLE 42 BE HELD PERSONALLY AND INDIVIDUALLY LIABLE.

I HAVE READ THE NOTICE ABOVE AND DECLARE THAT I AM NOT AN AGENT.

PLEASE READ BELOW CAREFULLY BEFORE SIGNING:

DATE:____ CLIENT SIGNATURE:

CANCELLATION POLICY: A FULL PAYMENT IS DUE FOR ANY CANCELLATION WITHIN 24 HOURS.

DATE:______CLIENT SIGNATURE:______

SOME NOTES TO REMEMBER: 1) DO NOT EAT, AT LEAST, 4 HOURS BEFORE YOU COME.

- 2) BEFORE YOUR FIRST VISIT, PLEASE BATHE YOURSELF EXTREMELY WELL.
- 3) FOR YOUR FIRST COLONIC, EXPECT TO BE HERE 2 HOURS, SO SCHEDULE ACCORDINGLY.
- 4) ALWAYS KEEP AN EXTRA SET OF CLOTHES IN YOUR CAR.
- 5) PHOTO I.D. REQUIRED, WITHOUT IT, WE CANNOT PROCEED FORWARD.
- 6) NO CHILDREN AND PETS ALLOWED.
- 7) ARE YOU ALLERGIC TO LATEX, PAPER, MATERIAL, PLASTIC, OR SOAP? YES NO
- 8) A MAN WOULD NEED TO BRING A WOMAN WITH HIM, LIKE A WIFE, SISTER, GIRLFRIEND, ETC. A WOMAN ALONE IS FINE.
- 9) PLEASE, GET YOUR QUESTIONNAIRE BACK TO ME BEFORE YOUR FIRST APPOINTMENT, MAIL BACK TO THE ADDRESS BELOW. WITHOUT IT, WE CANNOT PROCEED FORWARD.
- 10) IN ORDER TO HAVE COLONICS, YOU MUST ATTEND BOTH SEMINARS I AND II.

HOW DID YOU HEAR ABOUT THE RIVER OF LIFE? SEMINAR'S I & II U WEBSITE FRIEND/RELATIVE FARMER'S MARKET PHONE BOOK NEWSPAPER ON THE BACK OF A GROCERY MARKET RECEIPT OTHER .

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